

## **VIRTUAL INSTRUCTION MEAL SERVICE (January 18-24)**

The school district continues serving breakfast and lunch for **ANY** student at **NO COST** during this period of all virtual instruction.

The meals will be available for pickup in the Middle School cafeteria using the outside entrance in the back of the building. Meals are also available for delivery daily. All meals must be pre-ordered by 7pm the night before by emailing [lunch@srsd.net](mailto:lunch@srsd.net) from your Southern Regional email account. Please include your name and student ID number in the email. You will receive a response that will tell you the timeframe that the lunch will be ready for pickup or delivery. If you are unable to access your student email please call (609)597-9481 ext. 4369 and leave a voicemail with your name, grade, student ID number by 7 pm the night before.

The meals available are on the following page.

*If you would like the option to pick up or have delivered multiple days of meals at one time please indicated that in your email.*



**JANUARY**

**Southern Regional**



Virtual Meals

POMPTONIAN  
FOOD SERVICE

**2021**



**Free meals for all students\***

**Monday, 1/18/21**

Breakfast- Cereal, Graham Cracker, 100% Fruit Juice & Milk

Lunch- Mozzarella Sticks, Green Beans, Fruit & Milk

*Delivered 1/19/21*

**Tuesday, 1/19/21**

Breakfast- Cereal, Graham Cracker, 100% Fruit Juice & Milk

Lunch- Hamburger on a Bun, Carrots, Fruit & Milk

**Wednesday, 1/20/21**

Breakfast- Cereal, Graham Cracker, 100% Fruit Juice & Milk

Lunch- Chicken Patty on a Bun, Oven Baked Fries, Fruit & Milk

**Thursday, 1/21/21**

Breakfast- Cereal, Graham Cracker, 100% Fruit Juice & Milk

Lunch- Popcorn Chicken w/ Dinner Roll, Vegetable Rice, Fruit & Milk

**Friday, 1/22/21**

Breakfast- Cereal, Graham Cracker, 100% Fruit Juice & Milk

Lunch- Pizza, Tater Tots, Fruit & Milk

**Saturday, 1/23/21**

Breakfast- Cereal, Graham Cracker, 100% Fruit Juice & Milk

Lunch-, Chicken Tenders w/ Dinner Roll, Sweet Potato Fries, Fruit & Milk

**Sunday, 1/24/21**

Breakfast- Cereal, Graham Cracker, 100% Fruit Juice & Milk

Lunch- Pizza Crunchers, Broccoli, Fruit & Milk



*At least 50% of All Grains served w/ your meal are Whole Grain Rich*

*Menu Subject to Change*



**\*USDA approved until further notice**